



## GTR802A/B Advanced Global Trauma Recovery Practices

### Winter

#### Abstract:

Building on the introductory trauma course, participants will deepen their understanding of the developmental impact of complex trauma as well as the role of culture and religion in both trauma formation and recovery. Participants will explore particular forms of trauma and responses to shame, as well as their own theology of spiritual warfare. Using case studies and live practice, students will focus on strength-based assessments, cross-cultural communication, trauma interventions for destabilized communities, and practical scripture engagement.

#### Objectives:

1. Examine specific features of traumas such as, gender-based violence, incest, forced murder, bestiality, HIV-AIDS, etc.
2. Examine theologies of shame and spiritual warfare
3. Explore advanced treatment options in unstable communities
4. Strengthen cross cultural listening and here/now process skills illustrating designed to build trust
5. Complete strength-based assessments of traumatized individuals and communities
6. Exposure to faith engaged trauma recovery interventions

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Dr. Monroe is professor of record. Contact him if you have questions about course content or continuing education procedures. For technical assistance related to our e-campus, please email [helpdesk@biblical.edu](mailto:helpdesk@biblical.edu). For technical assistance related to full-text database/library materials, see: <http://ecampus.biblical.edu/course/view.php?id=994>

#### Course Dates:

1. GTR802A is **online**: January through early February (40 hours of educational activity)
2. GTR802B is **in-person**: early March (at Biblical Seminary's Hatfield, PA campus) *and* mid-March in Philadelphia at the Community of Practice (at a Center City Philadelphia location TBD) (40 hours of educational activity)



**Note:** This course is broken into two parts, an online portion (worth 40 CE's or 1 graduate credit) and an in-person intensive (with 40 CE's or 1 graduate credit). Students may choose to complete only the online portion or both portions. However, students not completing the in-person portion will not be eligible for immersion experiences with GTRI.

**Pre-requisites:**

Completion of GTR801A Introduction to Global Trauma Recovery. Reading of *Healing Wounds of Trauma* (Hill, Hill, Bagge & Miersma) in last 3 months. A 2016 (new) edition is available at [www.bibles.com](http://www.bibles.com). Be sure to choose the right language or version (print, kindle, or EPUB).

**Note to Students**

The on-line portion of this course is spread over 4 weeks. We will provide you with an array of pertinent readings, notes, narrated slides, or other AV materials to highlight key issues. From these materials, you will be expected to react and engage faculty and classmates via discussion boards, reflection papers, and other collaborative activities. Each week we will introduce you to the week's concepts and review our expectations of you. While the course is primarily "asynchronous," you will need to be on the course website on and off throughout each week in order to engage the material and your peers. In addition, there are 4 required live video conferences with the professors. You will notice that we are using our own experiences in Africa to illustrate this course. However, the principles set forth should prepare you to enter into any culture in an effective learner manner.

**REQUIRED READINGS:**

Burnet, Jennie (2012). *Genocide Lives in Us: Women, Memory, and Silence in Rwanda*. U. Of Wisconsin Press. (book from GTR801a)

Lindy, Jacob & Lifton, Robert. (2001). *Beyond Invisible Walls: The Psychological Legacy of Soviet Trauma, East European Therapists and Their Patients*. Taylor and Francis.  
[http://www.amazon.com/Beyond-Invisible-Walls-Psychological-Therapists/dp/1583913181/ref=sr\\_1\\_3?s=books&ie=UTF8&qid=1361994650&sr=1-3](http://www.amazon.com/Beyond-Invisible-Walls-Psychological-Therapists/dp/1583913181/ref=sr_1_3?s=books&ie=UTF8&qid=1361994650&sr=1-3)

Lopez Levers, Lisa (2012). *Trauma Counseling: Theories and Interventions*. Springer Publishing. (book from GTR801a)

Parkin, Gaile. (2009). *Baking Cakes in Kigali: A Novel*. Bantam Books. <http://www.amazon.com/Baking-Cakes-Kigali-Gaile-Parkin/dp/B005Q7HNVQ>

**See weekly schedule for readings. Additional readings found on E-campus.**



## COURSE PROCEDURES & COURSE REQUIREMENTS

1. **Readings.** Upper-level graduate courses are designed for the motivated student. Required readings are expected to be done by due dates in order to facilitate discussion and interaction with the material. At the end of the course, you will be asked what percentage of the readings you completed on-time. **IMPORTANT NOTE:** Some of the hyperlinked readings listed in the course planner can only be accessed if you are already logged into our E-campus course and using links on those pages to get to the readings.
2. **Discussions.** Each week you will have discussion board entries to make. Each entry should be substantive. You should also plan to respond at least once in each discussion board to another person. Again, these ought also to be substantive. Merely agreeing or disagreeing does not count. [Activity does not count as part of CE hours.]
3. **Live Video Conference Class Time.** Your professor will hold required virtual office hours using Zoom to discuss class materials and reinforce learnings once each week. No class assignments are due the week of Thanksgiving. United States based students must attend at least 2 of the 4 live interactions and participate in the live discussions. Those who miss any of the webcasts will be required to watch the recording within 72 hours.
4. **Written Assignments.** Postgraduate training focuses less on regurgitation and more on consolidating key concepts (learnings) and application. Each week you will have a short written assignment in the form of a journal to track what you are learning and to consider how you might use what you are learning in your current and future context.



**COURSE SCHEDULE WITH TOPICS, ASSIGNMENTS, SUBMISSION METHOD HOMEWORK HOURS, & DUE DATES:**

A. Online Portion: Please see E-campus necessary reading and assignment links.

<b>Week 1:</b>	<b>Special Types of Trauma: Witchcraft, Torture, GBV, Forced Murder, HIV-AIDS related</b>	<b>Time to Complete</b>
Learn	<ol style="list-style-type: none"> <li>1. View Narrated PowerPoint</li> <li>2. <b>Trauma Counseling: Theories and Interventions</b>, by L. Lopez Levers. <b>CHOOSE 3</b> chapters from this list: 11, 14-15, 19, 22</li> <li>3. <b>Beyond Invisible Walls</b>, by J Lindy et al. Read chapters 2-3, 5, 9-10</li> <li>4. <b>Women and Girls Bearing Children through Rape</b>, by Helen Liebling</li> <li>5. <b>Watch Witchcraft Trailer</b></li> </ol>	1 hr ~43p ~103p ~18p ~10 min.
Think/Engage	Discuss: See E-campus for specific question	2 hrs
Office Hours	Required live (or recorded) Zoom web conference: TBD	1.0
Create	Journal: 3 learnings; 3 questions	1.0
<b>Total</b>		<b>11 hrs</b>
<b>Week 2:</b>	<b>Cultural Listening Experiences; Strength Assessments</b>	
Learn	<ol style="list-style-type: none"> <li>1. View narrated PowerPoint</li> <li>2. Cultural Listening protocol with person from another culture (activity with directions on E-campus)</li> <li>3. Begin reading <b>Baking Cakes in Kigali</b></li> <li>4. <b>Genocide Lives in Us</b>, by Burnet (chs. 5-6; focus on cultural listening)</li> <li>5. <b>Aboriginal vs. Congolese Trauma Symptoms</b>, by Hill</li> <li>6. Read <b>Culturally Informed Trauma Training</b>, by S. Mattar</li> </ol>	1 hr 1 hr ~100p ~45p ~6p ~6p
Think/Engage	Discuss: Share a portion of your cultural listening activity	1 hr
Office Hours	Required live (or recorded) Zoom web conference: TBD	1 hr
Create	1 page summary of cultural listening activity (to be shared in discussion)	1 hr
<b>Total</b>		<b>11 hrs</b>
<b>Week 3:</b>	<b>Shame; Psychological Interventions</b>	
Learn	<ol style="list-style-type: none"> <li>1. View Narrated PowerPoint show</li> <li>2. Continue <b>Baking Cakes in Kigali</b> (~100 p)</li> <li>3. Explore at least 2 essays of interest at <a href="http://www.preventionaction.org/research/power-storytelling-treating-trauma-child-soldiers/5833">http://www.preventionaction.org/research/power-storytelling-treating-trauma-child-soldiers/5833</a></li> <li>4. <b>Trauma and Shame</b> article, by Platt &amp; Freyd</li> <li>5. <b>Shame to Honor</b> article, by Georges</li> <li>6. Neuner article on <b>Trained Lay Counselor Interventions</b></li> <li>7. Onyut article about <b>NET with child war survivors</b></li> </ol>	1 hr ~100p ~4p ~8p ~11p ~9p ~9p
Think/Engage	Discuss: See E-campus for details	2 hrs
Create	3 key learnings/applications from this week's readings	1 hrs
Office Hours	Required live (or recorded) Zoom web conference: TBD	1 hrs
<b>Total</b>		<b>10 hrs</b>



<b>Week 4:</b>	<b>Psychological Interventions? Faith oriented Interventions?</b>	
Learn	<ol style="list-style-type: none"> <li>1. View PowerPoint Slides</li> <li>2. Complete <i>Baking Cakes in Kigali</i></li> <li>3. Review <i>Healing Wounds of Trauma</i> (Hill et al)</li> <li>4. <b>Traumatized Children in Sri Lanka</b></li> <li>5. <b>Child Soldiers Uganda</b></li> <li>6. <b>ABS report</b> (pages 1-39)</li> <li>7. Schauer article on <b>Paradigm Shifts</b></li> </ol>	1 hr ~100p 2 hrs ~10p ~9p ~38p ~30p
Think/Engage	Discuss: see E-campus for details	2 hrs
Office Hours	Required live (or recorded) Zoom web conference: TBD	1 hr
Create	5 intervention tools I wish to try out	1 hr
<b>Total</b>		<b>10 hrs</b>

**B. In-Person Intensive Class (This is a SAMPLE Schedule)**

<b>TBD</b>	<b>Instructional Content: Listening to Trauma</b>
8:30 am	Registration and Sign-in (LOCATION: BTS Hatfield Campus)
9:00-12:00 pm	Listening to Trauma
12:00-1:00 pm	Lunch
1:00-4:00 pm	Self-Care
<b>TBD</b>	<b>Instructional Content: Listening to Trauma</b>
8:00-8:30 am	Registration and Sign-in (LOCATION: American Bible Society, Market Street, PHL)
9:00-12:00 pm	Update on Trauma Around the World
12:00-1:00 pm	Lunch
1:00-5:00 pm	Either Advanced or Introduction Breakouts for HWT program
5:00-6:30 pm	Dinner
6:30-8:00 pm	Evening GTRI/COP activities

<b>TBD</b>	<b>Community of Practice continues; Focus: Abuse of Power and Trauma</b>
9:00 am-5:00 pm	Plenary and breakout sessions with other COP participants with TBD GTRI exclusive breakouts during the conference or in evening