GTR802A/B Advanced Global Trauma Recovery Practices

Abstract:

Building on the introductory trauma course, participants will deepen their understanding of the developmental impact of complex trauma as well as the role of culture and religion in both trauma formation and recovery. Participants will explore particular forms of trauma, responses to shame, as well as their own theology of spiritual warfare. Using case studies and live practice, students will focus on strength-based assessments, cross-cultural communication, trauma interventions for destabilized communities, and practical scripture engagement.

Objectives:

1. Examine specific features of traumas such as, gender-based violence, incest, forced murder, bestiality, HIV-AIDS, etc.
2. Examine theologies of shame and spiritual warfare
3. Explore advanced treatment options in unstable communities
4. Strengthen cross cultural listening and here/now process skills illustrating designed to build trust
5. Complete strength-based assessments of traumatized individuals and communities
6. Exposure to faith engaged trauma recovery interventions

Course Outline:

1. GTR802A is **online**: January 9 to February 6, 2016 (40 hours of educational activity)
2. GTR802B is **in person**: March 15 (at Biblical Seminary's Hatfield, PA campus) *and* March 16-18 in Philadelphia at the Community of Practice (at a Center City Philadelphia location TBD) (40 hours of educational activity)

Note: This course is broken into two parts, an online portion (worth 40 CEs or 1 graduate credit) and an in person intensive (with 40 CEs or 1 graduate credit). Students may choose to complete only the online portion or both portions. However, students not completing the in person portion will not be eligible for immersion experiences with GTRI.

Costs:

$1,000 for both parts or $500 for online portion alone. Note: the registration cost for the live portion at the Community of Practice will be subtracted from the total cost. Housing and transportation costs are the student's responsibility.

Pre-requisites:

Completion of GTR801A Introduction to Global Trauma Recovery. Reading of *Healing Wounds of Trauma* (Hill, Hill, Bagge & Miersma) in last 3 months. A 2013 (new) edition is available at www.bibles.com. Be sure to choose the right language or version (print, kindle, or EPUB).

Professors:

Dr. Diane Langberg is a practicing psychologist whose clinical expertise includes 35 years of working with trauma survivors and clergy. She speaks internationally on topics related to women, trauma, ministry and the Christian life. She is the director of *Diane Langberg, Ph.D. & Associates*, a Christian counseling practice. In addition to being the executive chair of the *American Association of Christian Counselors,* Dr. Langberg is a clinical faculty member at Biblical Seminary.

Dr. Philip Monroe is Professor of Counseling & Psychology and Director of the BTS Graduate School of Counseling. He maintains a small private practice with Dr. Langberg. Together, they co-chair the advisory council for the American Bible Society's *She's My Sister* trauma healing program and have facilitated caregiver training in Rwanda.

Note to Students

The on-line portion of this course is spread over 4 weeks. We will provide you with an array of pertinent readings, notes, narrated slides, or other AV materials to highlight key issues. From these materials, you will be expected to react and engage faculty and classmates via discussion boards, reflection papers, and other collaborative activities. Each week we will introduce you to the week's concepts and review our expectations of you. While the course is primarily "asynchronous," you will need to be on the course website on and off throughout each week in order to engage the material and your peers. In addition, there are 4 required live web conferences with the professors. You will notice that we are using our own experiences in Africa to illustrate this course. However, the principles set forth should prepare you to enter into any culture in an effective learner manner.

REQUIRED READINGS:

Burnet, Jennie (2012). *Genocide Lives in Us: Women, Memory, and Silence in Rwanda.* U. Of Wisconsin Press. (book from GTR801a)

Lindy, Jacob & Lifton, Robert. (2001). Beyond Invisible Walls: The Psychological Legacy of Soviet Trauma, East European Therapists and Their Patients. Taylor and Francis. http://www.amazon.com/Beyond-Invisible-Walls-Psychological-Therapists/dp/1583913181/ref=sr_1_3?s=books&ie=UTF8&qid=1361994650&sr=1-3

Lopez Levers, Lisa (2012). *Trauma Counseling: Theories and Interventions*. Springer Publishing. (book from GTR801a)

Parkin, Gaile. (2009*). Baking Cakes in Kigali: A Novel*. Bantam Books. http://www.amazon.com/Baking-Cakes-Kigali-Gaile-Parkin/dp/B005Q7HNVQ

See weekly schedule for readings. Additional readings found on e-campus.

COURSE PROCEDURES & COURSE REQUIREMENTS

1. **Readings**. Upper level graduate courses are designed for the motivated student. Required readings are expected to be done by due dates in order to facilitate discussion and interaction with the material. At the end of the course, you will be asked what percentage of the readings you completed on-time. **IMPORTANT NOTE:** Some of the hyperlinked readings listed in the course planner can only be accessed if you are already logged into e-campus **and** have already clicked *library* and *find articles* and logged into *EBSCO*.
2. **Discussions**. Each week you will have discussion board entries to make. Each entry should be substantive. You should also plan to respond at least once each discussion board to another person. Again, these ought also to be substantive. Merely agreeing or disagreeing does not add to learning. Raising questions, expanding on an idea, reflecting on personal experiences do add to our group learning. [Activity does not count as part of CE hours]
3. **Live Web Conference Class Time**. Your professor will hold required virtual office hours to discuss class materials and reinforce learnings once each week. Dates: 1/12, 1/19, 1/26, and 2/2 at 7 pm EST (New York time zone). **You must attend at least 2 of the 4 live web conferences unless you live in Europe, Africa, or Asia**. If you are unable to attend all of the live webcast(s), you must request prior permission and you will be required to watch the recording within 72 hours.
4. **Written Assignments**. Postgraduate training focuses less on regurgitation and more on consolidating key concepts (learnings) and application. Each week you will have a short written assignment in the form of a journal to track what you are learning and to consider how you might use what you are learning in your current and future context.

COURSE SCHEDULE WITH TOPICS, ASSIGNMENTS, SUBMISSION METHOD HOMEWORK HOURS, & DUE DATES:

A. Online Portion: Please see E-campus necessary reading and assignment links.

Week 1: 1/9-15	**Special Types of Trauma: Witchcraft, Torture, GBV, Forced Murder, HIV-AIDS related**	**Time to Complete**
Learn	1. View Narrated PowerPoint 2. ***Trauma Counseling: Theories and Interventions***, by L. Lopez Levers. **CHOOSE 3** chapters from this list: 11, 14-15, 19, 22 3. **Beyond Invisible Walls**, by J Lindy et al. Read chapters 2-3, 5, 9-10 4. **Women and Girls Bearing Children through Rape,** by Helen Liebling 5. **Watch Witchcraft Trailer**	1 hr ~43p ~103p ~18p ~10 min.
Think/Engage	Discuss: See ecampus for specific question	2 hrs
Office Hours	Live WebEx meeting 1/12, 7pm; Watch Live or View Later (required)	1.0
Create	Journal: 3 learnings; 3 questions	1.0
Total		**11 hrs**
Week 2: 1/16-22	**Cultural Listening Experiences; Strength Assessments**	
Learn	1. View narrated PowerPoint 2. Cultural Listening protocol with person from another culture (activity with directions on ecampus) 3. Begin reading ***Baking Cakes in Kigali*** 4. ***Genocide Lives in Us***, by Burnet (ch 5-6; focus on cultural listening) 5. **Aboriginal vs. Congolese Trauma Symptoms**, by Hill 6. Read **Culturally Informed Trauma Training**, by S. Mattar	1 hr 1 hr ~100p ~45p ~6p ~6p
Think/Engage	Discuss: Share a portion of your cultural listening activity	1 hr
Office Hours	WebEx: 1/19 at 7 pm; Watch live or listen later	1 hr
Create	1 page summary of cultural listening activity (to be shared in discussion)	1 hr
Total		**11 hrs**
Week 3: 1/23-29	**Shame; Psychological Interventions**	
Learn	1. View Narrated PowerPoint show 2. Continue ***Baking Cakes in Kigali*** (~100 p) 3. Explore at least 2 essays of interest at http://www.preventionaction.org/research/power-storytelling-treating-trauma-child-soldiers/5833 4. **Trauma and Shame** article, by Platt & Freyd 5. **Shame to Honor** article, by Georges 6. Neuner article on **Trained Lay Counselor Interventions** 7. Onyut article about **NET with child war survivors**	1 hr ~100p ~4p ~8p ~11p ~9p ~9p
Think/Engage	Discuss: See ecampus for details	2 hrs
Create	3 key learnings/applications from this week's readings	1 hrs
Office Hours	WebEx: 1/26 at 7 pm (Watch live or recorded)	1 hrs

Total		**10 hrs**
Week 4: 1/30-2/6	**Psychological Interventions? Faith oriented Interventions?**	
Learn	1. View PowerPoint Slides 2. Complete ***Baking Cakes in Kigali*** 3. Review ***Healing Wounds of Trauma*** (Hill et al) 4. **Traumatized Children in Sri Lanka** 5. **Child Soldiers Uganda** 6. **ABS report** (pages 1-39) 7. Schauer article on **Paradigm Shifts**	1 hr ~100p 2 hrs ~10p ~9p ~38p ~30p
Think/Engage	Discuss: see ecampus for details	2 hrs
Office Hours	WebEx: 2/2 at 7pm (watch live or recording later)	1 hr
Create	5 intervention tools I wish to try out	1 hr
Total		**10 hrs**

B. In-Person Intensive Class (This is a SAMPLE Schedule)

Tuesday, March 15	**Instructional Content: Listening to Trauma**
8:30-9:00 am	Registration and Sign-in
9:00-9:15 am	Meditation: Psalm 19
9:15-10:00 am	Engagement 1: Trauma as Place of Service Video plus discussion
10:00-11:00 am	*Engagement 2: Experience with Healing Wounds of Trauma, H. Hill*
11:00-11:15 am	BREAK
11:15-12:00 noon	Engagement 3: Romania Trauma, SKYPE with International partner
12:00-1:00 pm	Lunch Break
1:00-3:00 pm	Engagement 4: Urban Trauma (M Lyles PPT); HIV/AIDS
3:00-3:15 pm	BREAK
3:15-5:00 pm	Self-care (stewardship); Art/lament exploration (DL Listening to Trauma)
5:00 pm	Session Ends

W-F, March 16-18	**Community of Practice**
9a to 5p	This is an annual meeting of international trauma recovery/healing practitioners from around the world. The conference, held in Philadelphia (TBD) is sponsored by the American Bible Society (thi.americanbible.org). Students are required to register for the conference. The cost of registration will be subtracted from the tuition costs for 802b. To receive credit, you must stay for the entirety of the conference. More details released as they are made available.